

CONFERENCE NOTES

Practical Spirituality for Turbulent Times

Saturday, Oct. 23

Unity of Berkeley Church

9 a.m. – 4 p.m.

Pacific Center for Spiritual Formation is pleased to announce **Practical Spirituality for Turbulent Times: A Practice Day in honor of PCSF's 20th Anniversary** to be held at Unity of Berkeley Church (on Eunice, just off Henry, in north Berkeley) on Saturday, Oct. 23, 2004, from 9 a.m. to 4 p.m. Cost for the day is \$50 donation, \$40 seniors and students; no pre-registration necessary. Bring your own bag lunch; drinks will be provided.

This day-long event will continue a long standing PCSF tradition of offering teaching and practice opportunities that help individuals and groups approach turbulent personal and political times through grounding on contemplative spirituality.

During this practice day, participants—beginners and “old hands”—will have an opportunity to choose from offerings of several kinds. All are led by highly experienced PCSF staff members and are organized around themes of:

- Sacred Practice,
- Discernment, Spiritual Direction, and Images of the Divine,
- Creativity, and
- Healing: Self and Cosmos.

Questions? Call Katie McGovern (925-283-2601) or Andrea Bryck (510-531-5002).

Please join us!

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Simply go to <www.ucc.org/ucnews/>, and fill in simple form. Or call 1-800-363-0575. You can even sign up a group of church leaders, or your whole church; use the phone number for group subscriptions. UC News promises never to share its mailing list with other parts of the UCC or other organizations. Stay in touch!

Need a place to turn?

As a person of faith, do you need someone to help you with:

- fear or loss • grief • relationships
- life transitions • complicated dilemmas

Ordained UCC minister, pastoral counselor, licensed psychologist for 19 years, sensitive and easy to work with, welcoming to people of all ages, walks of life and situations

**Rev. John Hughes, Ph.D. (PSY 12648)
510-466-5055**

Sliding scale fees • Major insurance accepted



God is Still Speaking Initiative

www.stillspeaking.org

Two

Expect more visitors in response to these ads.

Churches are encouraged to set up hospitality committees to organize welcoming strategies and special events for newcomers.

Need help in these efforts?

Our own Still Speaking Team will be hosting training events in various parts of the conference during October and November.

They are Louis Knox, Tony Lewis, Suzanne Bernhard and Gayle Madison.

They are going to Cleveland in September to be trained on the God is Still Speaking Initiative, the commercial, welcoming strategies, etc.

One training session is already planned for Oct. 30 at Eden UCC, Hayward. There will be others.

Stay tuned!!!

For more info: Gayle Madison, 707-763-2454, <gayle@ncnuc.org>

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The Heffernan Group is the agent for the UCC Insurance Broad churches in both the Northern California Nevada Conference and the Southern California Nevada Conference.

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